



Healthy Actions

to remove dirt from your home



WASH YOUR HANDS
with soap and water



WASH ALL FRUITS & VEGETABLES
before eating



TAKE OFF YOUR SHOES
at the door



CLEAN YOUR PETS
before they enter
your home



WEAR SHOES AND GLOVES
when gardening and
working outdoors



WASH CHILDREN'S TOYS & PACIFIERS
frequently

Why is it important to do these healthy actions?

There are many unhealthy things in dirt, including harmful chemicals that can hurt your body. Some areas in South King County are contaminated with higher levels of arsenic and lead. These chemicals remain in the soil and will continue to be a health risk for years to come.

These healthy actions are simple steps you and your family can take to reduce contact with arsenic and lead in the dirt.

Alternate formats
available upon request

For more information about our program and services, please contact:

King County Dirt Alert
Public Health – Seattle & King County
206.477.DIRT • dirtalert@kingcounty.gov

Tacoma Smelter Plume Project
Washington Department of Ecology
360.407.7688 • www.ecy.wa.gov



Public Health
Seattle & King County



www.kingcounty.gov/health/tsp

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