



KEV CEEV KOJ LUB TSEV  
THIAB TSEV NEEG KOM MUAJ  
KEV NOJ QAB NYOB ZOO

Txo koj li kev nphav raug  
**COV TSHUAJ TUA HLUAV TAWS**

## LAWV TAU SIV DAB TSI THIAB **VIM LI CAS?**

Cov chaw tsim koom siv cov tshuaj khes mis tua hluav taws txhawm rau kom raug raws li cov qauv cai kev kis hluav taws rau cov koom. Cov tshuaj khes mis ua rau hluav taws cig qeeb thaum muaj hluav taws kub. Cov tshuaj khes mis ntawd tau pom muaj nyob rau cov koom xws li:



**Cov koom es lev  
taus niv**



**Cov rooj zaum  
hauv tsheb**



**Cov tsev kaus**



**Rwb thaiv tsev**



**Cov rwb**

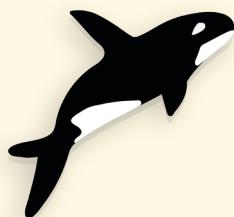


**Cov rooj tog looj  
rwb uas qub zog  
lawm**

## COV TSHUAJ TUA HLUAV TAWS

YOG DAB TSI?

*Cov tshuaj khes mis tua hluav taws tau siv txhawm rau kom raug raws li cov qauv cai kev nyab xeeb, tab sis tam sim no cov kws tshawb fawb nkag siab txog cov feem cuam tshuam tsis zoo ntawm kev noj qab haus huv thiab huab cua ib puag ncig ntawm qee cov tshuaj khes mis no lawm. Cov tshuaj khes mis ntawd tau pom muaj nyob thoob plaws huab cua ib puag ncig ntawm Washington.*



Qee cov tshuaj tua  
hluav taws yuav dhau  
los muaj nyob rau  
**yam muaj sia,**

tsim ua rau muaj kev phom  
sij rau yam muaj sia nyob  
rau qhov siab tshaj plaws  
ntawm koom noj mus los.



Nrog rau cov kev hloov  
pauv kev cai, cov  
tshuaj tua hluav taws  
**tsis tas yuav siv**

los sis raug siv rau  
qee cov koom mus  
ntxiv lawm.



Txhua cov tshuaj tua hluav  
taws yuav tsis zoo ib yam,

**tsuas yog qee  
cov xwb thiaj  
cuam tshuam**

rau peb li kev noj qab  
haus huv.



**Siv cov qauv cai  
ntsucas pov thaiv**

cov kev ua hauj lwm  
txhawm rau t xo koj qhov  
kev nphav tau.

<sup>1</sup> Cov ntawv lo koom tsim nyog sau qhia tias "qhov nkoom no TSIS muaj cov tshuaj khes mis uas tau txhab tshuaj tua hluav taws rau."

<sup>2</sup> Tshawb nrhiav cov neeg nrhiav qhov koom no: [tcccertified.com/product-finder](http://tcccertified.com/product-finder) or [epeat.net](http://epeat.net)

<sup>3</sup> Sim HomeFree rau ib daim npe: [homefree.healthybuilding.net/products](http://homefree.healthybuilding.net/products)

## KUV TUAJ YEEM **NPHAV TAU** LI CAS?

Raws li koj siv qee cov khoom, cov tshuaj tua hluav taws yuav tawm rau hauv cov hmoov av thiab saum tej huab cua. Kev nqus tau thiab kev noj tau cov hmoov av tsis huv tawd yog txoj hauv kev uas nphav raug cov tshuaj khes mis muaj kuab lom no ntaw tshaj plaws. Tom qab ntxhua khaub ncaws, cov tshuaj tua hluav taws yuav tawm mus rau tej huab cua ib puag ncig, qhov chaw uas tsiaj hav zoov tuaj yeem nphav raug tom qab cov tshuaj khes mis tawm ntawm koj lub tsev mus ntev.

Cov hauv kev rau kev nphav raug raws li ib txwm:



LAWV THUAJ YEEM  
MUAJ FEEM CUAM  
TSHUAM TSIS ZOO  
LI CAS RAU **KUV?**



**Muaj kev phom  
sij rau kev loj hlob  
ntawm lub hlwb**



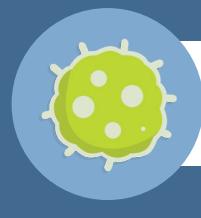
**Muaj teeb meem  
rau kev muaj me  
nyuam**



**Muaj kuab lom rau  
kev loj hlob paub  
tab**



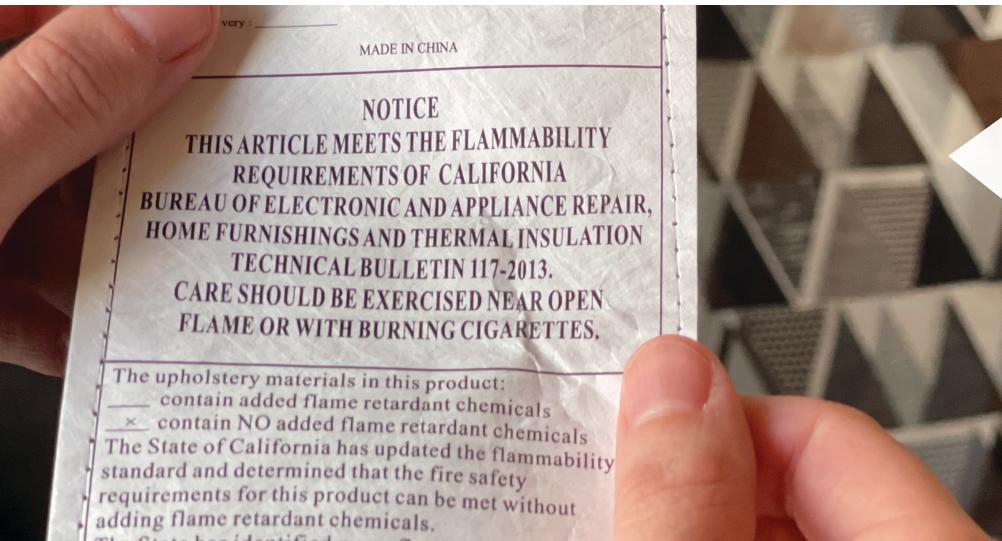
**Muaj kuab lom rau  
lub siab**



**Tsim ua rau muaj  
mob khees xaws**

# KUV YUAV UA TAU DAB TSI LOS **POV THAIV QHOV KEV NPHAV TAU?**

Ntawm no yog qee kauj ruam koj tuaj yeem ua tau los txo qhov kev nphav raug cov tshuaj tua hluav taws nyob rau hauv koj tsev:



## **Yuav cov khoom uas tsis muaj cov tshuaj tua hluav taws.**

- Ua tib zoo nyeem daim ntawv lo sau qhia txog kev kis tau hluav taws thaum yuav cov khoom looj rwb.<sup>1</sup>
- Thaum uas nws yog lub sij hawm yuav tshuab khoos phis thawj los sis xov tooj loj tshiab, nrhiav cov khoom es lev taus niv uas muaj kev nyab xeeb zog.<sup>2</sup>
- Nrhiav cov khoom ua vaj tsev thiab kho vaj tsev uas muaj kev nyab xeeb zog.<sup>3</sup>



## **Txo kev nphav raug uas siv ob peb yam kev xyaum ntawm tsev.**

Cheb cov hmoov av uas muaj cov tshuaj tua hluav taws nyob rau hauv peb lub tsev. Siv lub tshuab nqus hmoov av thiab nqus cov hmoov av hauv koj tsev tas li. Siv lub tshuab nqus uas muaj qhov HEPA kom lim tau tej yam me-me. Muab dej thiab xab npum ntxhuav koj ob txhais tes tas li. Nws yog qhov tseem ceeb tshwj xeeb tom qab tu koj lub tsev thiab ua ntej noj khoom noj.



## **Pov thaiv koj tus kheej los ntawm kev tu tej yam khoom uas muaj cov tshuaj tua hluav taws.**

- Nrhiav cov khoom uas muaj cov tshuaj khes mis no nyob rau hauv peb lub vev xaib tshuaj tua hluav taws.<sup>4</sup>
- Yog tias koj nyiam koj lub xaus fas, sim nws tau dawb thiab xav seb koj xav hloov hom rwb twg.<sup>5</sup>



[ecology.wa.gov/ToxicsInProducts](http://ecology.wa.gov/ToxicsInProducts) or [ecology.wa.gov/PBDE](http://ecology.wa.gov/PBDE)



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